

On-Line Registration Only:

How Do I Participate in USA Team Tennis?

AS A PLAYER

1. Register on line through www.neworleanstennis.com Click on **JUNIOR TENNISLINK** Enter team ID # obtained from your Captain. A credit card to pay player fee of \$25.00. Fee includes \$3.00 tennislink & Nike shirt (\$25 value). You need your shirt size.
2. You must have a **valid USTA #** through the season in order to register for Jr.Team Tennis. If you do not have a valid USTA #, please go to the following site www.neworleanstennis.com and click on **JUNIOR TENNISLINK** to join or renew membership.
3. If you cannot find a team, consider forming a new team. A Captain is usually a parent who volunteers to coordinate a team of 6-8 players.
4. Minimum Players for State: 3 boys and 3 girls per team and play 3 different match numbers with team.

AS A TEAM CAPTAIN

1. If you are a Captain and would like to register your team on **TENNISLINK** collect player fee of \$25.00, follow Instructions above. There is online training for becoming a captain/coach.
2. If you are a Captain, you will also enter your match scores for your team. Each home team will enter the scores and visiting team will confirm the match scores.

WHEN?

1. **Team Registration Deadline: Saturday, March 6, 2010. (NO EXCEPTION) On-Line Registration Begins: Friday, February 5, 2010.**
2. Captain Meeting , **Rescheduled** at Beach Club 6000 Cleveland Pl., Metairie. You must send a representative if you are unable to attend.
3. **8 week** Season starts Saturday, March 6, 2010.

WHAT DO I GET OUT OF IT?

1. Opportunity to learn & play "a sport for a life time" & have a fun time with your friends.
2. Learn sportsmanship and commitment to a team.
3. End of League Fun Day & Awards.

PLAYER & CAPTAIN COMMITMENT

Matches are played on Saturdays
1p.m., 2p.m. or 3p.m.
For 8 WEEKS, March through May

FORMAT OF PLAY

1. One dual team match consists of 2 doubles, 2 Singles matches & 1 mixed doubles match. Doubles Played first to allow max.participation, singles, then Mixed doubles.
2. In Quickstart 8&U, 10&U and 10&U Intermediate/Advanced there is no distinction based on gender. Males may compete against females or team with them in doubles Play.
3. For a dual match, A player may play twice for the day But that player will only receive credit for playing once toward his or her qualifying to go to State.
4. Dual match this season shall be 2 of 3 sets, 4 games each with the intent of each team playing every other team in its division. Some teams may have open dates or play each other more than once.
5. Scoring-each 4 game set with a 7 point tie breaker At 3 all. Add scoring used 10U,12U,14U,18U. A team shall receive one point for each game won. A team may win a max. of 40 points per dual match.
6. Quickstart 8 & U play 7 point game. Best of 3 games. First To score 7 points wins game. The first to win 2 games Wins the match.
7. Quickstart 10 & under play the best of three sets; first to win 4 Games wins a set. For the third set, first player to win Seven points wins the match.

(JNTRP) GUIDELINES

This rating system provides Captains with a simple placement method of grouping individuals of similar skill in USA Team Tennis. This is to provide the best opportunity for Good competition. It is every Captain's responsibility to make sure that all their players are rated appropriately. Player Standing as of July 31, 2009.

AGE DIVISIONS

8 & under-player is 8 or under on Aug. 31, 2010
10 & under-player is 10 or under on Aug. 31, 2010
12 & under-player is 12 or under on Aug. 31, 2010
14 & under-player is 14 or under on Aug. 31, 2010
18 & under-player is 18 or under on Aug. 31, 2010

QUICKSTART - BEGINNER TEAMS.

1.5 You have limited experience and are working primarily on getting the ball in play.

2.0 You lack court experience and your strokes need developing. You are familiar with the basic positions for singles and doubles play.

INTERMEDIATE - ADVANCED

2.5 You are learning to judge where the ball is going, although your court coverage is limited. You can sustain a short rally of slow pace with other players of the same ability.

3.0 You are fairly consistent when hitting medium-paced shots, but are not comfortable with all strokes and lack execution when trying for directional control, depth, or power. Your most common doubles formation is one-up, one-back.

3.5 You have achieved improved stroke dependability with directional control on moderate shots, but need to develop depth and variety. You exhibit more aggressive net play, have improved court coverage and are developing teamwork in doubles.

4.0 You have dependable strokes, including directional control and depth on both forehand and backhand sides on moderate-paced shots. You can use lobs, overheads, approach shots and volleys with some success and occasionally force errors when serving. Rallies may be lost due to impatience. Teamwork in doubles is evident.

4.5 You have developed your use of power and spin and can handle pace. You have sound footwork, can control depth of shots, and attempt to vary game plan according to your opponents. You can hit first serves with power and accuracy and place the second serve. You tend to over hit on difficult shots. Aggressive net play is common in doubles.

5.0 You have good shot anticipation and frequently have an outstanding shot or attribute around which a game may be structured. You can regularly hit winners or force errors off of short balls and can put away volleys. You can successfully execute lobs, drop shots, half volleys, overhead smashes, and have good depth and spin on most second serves.

For complete Junior Rules & Regulations go to Junior Tennis at www.neworleanstennis.com

Contact: Cathy Lago 504-251-1016

Website: www.neworleanstennis.com